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## 'Health on the Move' with the Australian Institute of Management...

AIM and Health on the Move is committed to providing businesses and individuals with the information and tools needed to maximise their quality of life and achieve their health goals.

Health on the Move provides a comprehensive range of health services including:

- Health Assessments
- E – Health
- Skin Cancer Screening

Their team of health professionals includes Doctors, Nurses and Exercise Physiologists who are committed to improving quality of life through preventative health.

### Health Assessments

#### **Premium Plus Health Assessment** (Normally \$830, Members \$624)

The Premium Plus is the most comprehensive health assessment available. The assessment will provide a thorough review of health status and will identify key health and medical issues.

*Recommended for individuals over 40 years*

#### **Premium Health Assessment** (Normally \$594, Members \$445)

The Premium Health Assessment is Health on the Move's most popular assessment. It provides an in-depth profile of health and wellbeing and will identify any health risks that may be present.

*Recommended for individuals over 30 years*

#### **Health Risk Assessment** (Normally \$330, Members \$247.50)

The Health Risk Assessment is a comprehensive assessment addressing key health risk areas aimed at improving overall health and wellbeing and reducing injury risk. It is the most comprehensive transportable health assessment in the marketplace today; and is a very popular assessment for corporate groups and individuals.

#### **Premium E-Health Assessment** (Normally \$176 Members \$158.40)

This web based assessment offers you the opportunity to participate in a confidential assessment addressing the key risk factors of cardiovascular disease, diabetes and injury, as well as the ability to access web based support including goal setting and the latest resources and newsletters.

#### **E-Health Check** (Normally \$88.00 Members \$79.20)

This popular web based health check provides you with a snapshot of their current health status, as well as the ability to access web based support including goal setting and the latest resources and newsletters.

#### **E-Health Newsletter** (Normally \$66.00 Members \$59.40)

E Health is a great way to build your health knowledge and receive ongoing access to web based health and lifestyle support including goal setting and health tracking with access to current health, safety and well being resources.

#### **Skin Cancer Screenings** (Normally \$121, Members \$100)

Health on the Move has invested in **SIAscope** - a non-invasive technique that can view 2mm below the skin surface to more accurately diagnose malignant melanomas

SIAscope is fully transportable making it ideal for personnel working outdoors in remote locations

The average full body assessment takes between **20 - 30 minutes** per patient

To take advantage of any of these services or to obtain further information please contact Health on the Move.  
Simply quote your AIM Membership ID number to receive your discount.

**Health on the Move**

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